SIXTEEN RUNNERS HAVE BEEN NOM-INATED FOR THE BIG EVENT.

It Is Expected that Twelve or Fourteen Will Go to the Post-Additional Entries To-Day.

ALFRED C. WILL BE FAVORITE

WINNER OF SEVERAL CHICAGO EVENTS PICKED FOR FIRST.

MacPoint, a Prominent Jockey, Will Ride Golden Rattle, Hand's Entry-Ruppers Now at the Track.

The entries for the second Indianapolis Derby purse event to be run on Saturday, the opening day of the Indianapolis Racing Association's combination meet, will close to-night at 10:30. It is expected that there will be in the neighborhood of eighteen or twenty entries, while probably twelve or fourteen will go to the post for the big

There are already sixteen entries for the event They are Alfred C., Double O., Golden Rattle, Ondurman, Travers, Boaster, Jona, Latson, Welsh Girl, Howendobler, Bertie L., Thimble, Trespassed, Kilmandscharo, Craven, Billy Bluff.

Other entries are expected to-day when the Chicago horsemen arrive with their stables. The big event is for a mile. Threeyear-olds will carry 100 pounds, four-yearolds 113 pounds and five-year-olds and upwards 115 pounds.

Alfred C. will in all probability go to the O. has a good chance, as has Ondurman, another good Chicago horse. Travers, Moses Goldblatz's entry, is good on either a wet or dry track. Jena and Latson like the course on a heavy track and should it rain on Saturday they might figure in the event. Thimble recently showed a mile in a trial at Louisville in 1:40. The other entries are only ordinary as classed with

those named.

What might prove the dark horse in the event is Golden Rattle, owned by J. R. Hand. Golden Rattle is now at the track and has been doing some easy workouts. Hand carried off the Derby last year with Tommy Foster and later took the winner to Bennings track, where he won with odds on him of 200 to 1. It is believed Golden Rattle will carry odds of about 6 or 7 to 1. He will be ridden by Jockey MacPoint, one of the best known riders in the country. MacPoint was formerly known as the Texas jockey, and because of his brilliant riding was signed by W. K. Vanderbilt, jr., to ride for him on the Paris tracks. Mac-Point recently returned to this country and after riding for Hand in the races in Indianapolis he will go to Chicago to ride. Other well-known jockeys who will be here are Glover, A. W. Booker, Slack, Jenkins, Willie Knapp and others. The runners how at the track and which

have shown good trials are: A. Cotton's Star Cotton and Learoyd.
Livengood's King Bermuda.
J. McEnery's Susie K.
H. Watson's Subadour and Scorpula.

James R. Hand's Golden Rattle, Econom-Welsh Girl, Joe Buckley, Belle of Jack Williams's Little Jim, Lampshade, Bokhara. J. B. Riley's Onocalta, Bombast. G. B. Hennessy's Leslie R., Jennett Mack,

D. E. Lamb & Co.'s Emelia M., D. of R. Greenbaum & Co.'s Gra-ma-cree.
G. B. Havell's Chicago Girl, Our Corn,
Grayville, The Rabbitt.
E. Harding's Myth, Mike Shelly.
R. J. Farris's Kilmandscharo. M. Carver's McCarren Lilly.

Stanley & Co.'s Howendobler, Ben John-W. W. Nevens's Bertie L.
Taylor Bros.' Tabula, Susie Letcher, Jim
Mullen, Major Wynn.
M. W. Wilhelm's Judge Raulsen, Tress-

Knox's Billy Bluff V. R. Brannon's Craven.

A large number is expected to-day.

Sporty Sayre will arrive with four from
Latonia, Tholl Bros., from Detroit, with
fifteen and the following from Chicago:
W. Carroll, three; S. G. Morton, three;
M. Goldblatt, ten; C. R. Pritchard, two;
W. M. Walker, four; W. W. Clark, three;
M. T. Miles, three; George Morton, two I. T. Miles, three; George Morton, two. There will be five books at the races on Saturday and they will be conducted by Fred Irish, of Chicago; Bob Sherwood, Chicago: James H. Jackson, Bucyrus, O.; T. D. Higgins, Pittsburg, Pa., and C. J. Jones, of French Lick.

READY FOR THE BANGTAILS.

Racing Association Completes Work for Its Meet Next Week.

Arrangements were practically completed last night for the running and harness races which will begin Saturday at the fair grounds. At the meeting held last night in the Grand Hotel, W. K. Davis, of Chicago, secretary of the running events, was present and outlined the rules to govern the bangtails. The officials of the racing association expressed themselves last night by saying that they were sure Indianapolis citizens would witness the best sport of this kind next week that has ever been run on the local tracks. In the harness events the 2:10 trot has not been filled and this will be supplemented by two running events. Secretary Holt

last night said that all the other events Secretary Davis and other members of the association will go to the fair grounds this morning and put up the guards and further complete arrangements for Satur-

WIFE OPERATES ON DOCTOR.

Helpmeet Saves an American Physi-

cian's Life in China. BETHANY, Ill., July 1.-Advices from China state that Dr. W. H. Logan, former- of the kind in the United States, to-day bely of this city, has recovered from an at- gan its sixth annual session. Over a huntack of appendicitis and returned to his dred negroes, leaders of their race, were station and resumed his work. The point | present when T. Thomas Fortune called for where Dr. and Mrs. Logan look after the order. welfare of their converts is 800 miles from the nearest place where another American that his only hope for recovery lay in an operation involving the removal of the

Mrs. Logan, a trained nurse, began preparations for an operation. Unassisted. and guided only by the instructions given for a place for the negro in the history of her before her husband relapsed into unconsciousness under an anaesthetic, Mrs. Logan, with the instruments of the suffering missionary physician, performed the hazardous operation.

DOCTORS TOO SECRETIVE.

They Did Not Say Frankly What

Caused J. O. Brown's Death. PITTSBURG, July 1 .- J. R. P. Brown, brother of the late Recorder J. O. Brown. progress respecting the cause of the latter's sudden death, stated to-day that if the people who profess to have known all ment given out by Dr. McKelvey that the death of Recorder Brown was due to an overdose of sulphona! or trinol, taken in

said he. 'I learned upon further investiga-tion, could not be true and for that reason I started the machinery moving to get at the facts in the case purely for my own satisfaction. If he was killed through accident, or died by his own hand, I should certainly have been told the facts in the matter and that would have ended the entire trouble. The investigation will now be proceeded with and every detail connected with the entire affair probed to the bot-tom." The inquiry will be resumed Friday

"MAPLE" SUGAR FROM COBS.

Minnesota Dairy and Food Department Unearths Another Adulterant.

flagrant fraud in food products has been

Department has learned that corncobs and entists during their communion services the bark of walnut trees are used by some Minnesota manufacturers in the prepara- Every seat in the main hall was occupied tion of adulterated maple sugar. eighteen samples of maple sugar analyzed | monial and experience meeting. An oversince Jan. 1, Assistant George L. Dingman flow meeting of about four thousand people says a very small per cent. has been found was held in an adjoining hall thus making pure. Corncobs are used by some manufacturers to filter glucose and cane sugar. The cobs are ground fine and the glucose | the usual opening service the meeting was and cane sugar are filtered through the chaff, making the mixture brown and of a distinct flavor. It is said the process gives a fairly good imitation and that the fraud can be detected only on expert analysis. In other cases glucose and cane sugar are steeped in walnut bark for coloring and ity of the meeting may be judged from the flavoring purposes.

BEAT THE CONSTITUTION AND CO-LUMBIA BY FIVE MINUTES.

Reliance Sailed the New Cup Course in Three Hours, Four Minutes and Twenty-Seven Seconds.

NEWPORT, R. I., July 1.-The three American cup yachts raced again to-day over a thirty-mile windward and leeward course, and once more the Reliance demonpost the favorite. He is one of the best strated her superiority over the Constituselling-platers in Chicago and has won tion and Columbia. The 1903 boat defeated many races on the Chicago tracks. Double | the Constitution by five minutes and thirty | Transport Sherman Sails for Manila seconds, and the Columbia by five minutes and forty-nine seconds. The latter was beaten nineteen seconds by Mr. Belmont's craft, but is an easy winner over her on time allowance. The time of three hours. four minutes and twenty-seven seconds made by the Reliance betters the new cup course record of three hours nine minutes and fifty-three seconds made on Monday by the new boat. The Constitution to-day came within four seconds of the time made Monday and the old defender was but twenty-three seconds behind it.

Not only was the beat to windward made in remarkably fast time by all the contestants, but on the run home with spinnakers and ballooners pulling like mad the three sloops fairly flew. The Reliance again exing, covering the fifteen miles in one hour and eleven minutes and four seconds, better speed than most steamboats can make. The Constitution outran the Columbia very

The wind had about eight miles strength in it at the start, but before the windward mark was reached it was blowing at from fifteen to eighteen miles an hour and held thus until after the boats finished. Sum-

Start. Finish. Reliance1:16:12 Constitution1:15:15 Columbia1:17:00 4:25:12 4:27:16

AUTOMOBILE RACES.

Crowds at Ballyshannon This Morning Ready to See the Start.

KILDARE, Ireland, July 1 .- Everything is now in readiness for the international automobile race for the James Gordon Bennett cup, which will start at 7 o'clock to-morrow morning. All day long the counties of Carlow, Kildare and Queens, through which the course winds, have been overrun with numberless motors. At speeds varying from fifteen to sixty miles an hour, cars of all sorts and descriptions have been flowing along the course, which is dotted with stands and warning flags and is lined at interesting points with specta-

BALLYSHANNON (The starting point of Gordon Bennett cup race), July 2, 6:10 a. m .- It is a fine morning for the international automobile race, though rain at one time threatened to fall. L. P. Moers, an American racer, was the first to arrive at the starting point. He expressed his dissatisfaction with the treatment of the roads, where in some places the oil used to lay the dust lies in pools, while elsewhere the mo-tors raise clouds of dust. Large crowds are gathering here.

NATHANIEL M'KAY'S WILL.

It Is Admitted to Probate Despite Divorced Wife's Protest.

WASHINGTON, July 1 .- The will of the Nathaniel Mckay, who died suddenly last summer at Atlantic City shortly after his marriage, and whose wealth is variously estimated at from \$200,000 to several millions, to-day was admitted to probate. Various points of law were raised against the probating of the will, in addition to which a protest was made by Mrs. Jennie Pope McKay, of Brooklyn, N. Y., who claims to be the widow of the deceased. Colonel McKay secured a divorce from her in Oklahoma, but Mrs. Jennie Pope McKay contends that the decree is void on the ground that Colonel McKay was not a legal resident of the Territory when he instituted the proceedings. Under the provision of the will all the property is to go to the wife by the last marriage, except some minor bequests.

NEGROES AT LOUISVILLE.

Afro-American Council in Annual Session in the Falls City.

LOUISVILLE, Ky., July 1.-With the singing of "America," the National Afro- the Jordan tobacco factory, the residences American Council, the leading organization of Mrs. Nellie Harris, Zeno Moore, H. T.

The address of welcome in behalf of the negroes of Louisville and Kentucky was deor European physician is located. Realizing livered by Albert S. White, a colored lawyer of this city. His reference to Kentucky vermiform appendix, Dr. Logan called his as the home of Lincoln, the emancipator, wife and imparted to her his diagnosis of was cheered, and his statement that the underground railway was developed in Kentucky, was loudly applauded. He pleaded

American arms. In closing a response to the addresses of welcome Frederick L. McGee, of St. Paul, said: "We are citizens of this our only ever been law-abiding and devoted to its every interest. But before man made us citizens great nature made us men, hence

we must act and speak as men." Six speakers were heard at the night ses-All advocated suffrage, but made no plea for social equality. The disfranchisement of the negro in several Southern States was deplored, and efforts will be made to have one or more cases arising bus, O. from this legislation brought before the United States Supreme Court. Booker T. Washington will arrive in the

morning and is expected to speak to-mor-Because they opposed various sections of the constitution of the Afro-American council, now in session here; representatives from Virginia and New England tooverdose of sulphona! or trinol, taken in day organized a new body, the National an effort to produce sleep, he said, was a Negro Suffrage League. The leader of the surprise, as he had been informed the death new organization is George Hays, of Richwas due to weakness and was brought mond. Va. It will not be hostile to the about by purely natural causes. "That," council.

EXPERIENCE MEETINGS HELD BY

CHRISTIAN SCIENTISTS.

Testimonials Offered by Persons from Several Countries-About 10,000 People in Attendance.

ST. PAUL, July 1.-More evidence of Special to the Indianapolis Journal. BOSTON, July 1.-The last and by far the unearthed here. The State Dairy and Food | largest meeting held by the Christian Sciwas held this evening in Mechanics' Hall. Of long before the time for opening the testiwas held in an adjoining hall, thus making a total attendance of ten thousand. After devoted to testimonials offered by those who had been benefited by Christian Science. The wide geographical range covered by the speakers and the international qualfact that it was addressed by men and women from St. Johns, N. B., points in Texas, Buffalo, Oakland (Cal.), Manila (P. I.), Sydney (Australia), Ontario and Beatrice, Neb. Among the diseases mentioned as having been healed were consumption, withered limb, Bright's disease, hay fever, heart disease, rheumatism and Asiatic cholera. Many spoke of moral regeneration and of great spiritual uplifting. Several persons were frequently speaking at the same time, many waiting several minutes for an opportunity to be heard. Testimo-nials were limited to three minutes. The two large halls in the Mechanics' building have been open during each day, affording unusual opportunity for interchange of greetings and the forming of ac-quaintances. The halls have been crowded the greater part of the time. Large numbers to-day visited the former home of Mrs. Eddy, at Lynn, Mass., where she wrote the text-book, "Science and Health." The house has been recently purchased by Christian Scientists, and is open

WITH TROOPS AND MONEY.

Well Loaded with Treasure.

SAN FRANCISCO, July 1.-The army transport Sherman sailed to-day for Manila, via Guam, with 112 saloon passengers, one squadron of the Twelfth Cavalry and the Seventeenth Infantry. Newly-coined Filipino pesos worth \$1,500,000 and \$80,000 in gold were taken on the transport.

GENERAL FOREIGN NEWS.

A band of thirty brigands has been defeated by Turkish troops near Perlep and

An investigation has been opened at Ver-viers, Belgium, concerning the theft of 1,000 watches which came from Geneva to be shipped at Antwerp for the United States. The Czar has sanctioned the formation of a new police force to maintain order and assure security in the rural districts of forty-six provinces of European Russia. The sum of \$5,250,000 has been appropriated to cover the cost of this body of men. The Pope, while preparing to take another trive in the Vatican gardens Wednesday,

was prevented from so doing by a sudden terrific thunderstorm and torrential rain. The thunder and lightning soon ceased, and President Loubet has refused to receive a suggested deputation from British Catholics who desired to present M. Loubet, who is in London, with a petition "regarding the persecution of the Catholics in France, the expulsion of religious orders, and the

confiscation of their property.' A serious collision occurred Wednesday at the railroad station at Shaerbeck, a suburb of Brussels. A train from Antwerp filled with leading grain merchants, who were on their way to attend the weekly grain market, collided with a train which was Schaerbeck. Twenty persons were

The Vienna correspondent of the London Daily Telegraph says the resignation of the Austrian Cabinet is semi-officially confirmed. The entire Austrian press agrees that no such serious crisis has affected the country for several years past. The situation in both halves of the monarchy is ex- | the office of commanding general. tremely complicated and no solution pre-

During question time in the British House of Commons to-day William Field (Nationalist) drew attention to the cotton situation in the United States and invited the president of the Board of Trade to confer with President Roosevelt on the subject. Arthur Bonar Law, parliamentary secretary of the Board of Trade, replied that the Board of Trade had no intention of conferring with tions of corners in American cotton." nor could it suggest a conference of the various governments with the view of proposing international legislation to control gambling in food stuffs or other products.

It is announced at Vienna that Bulgaria has sent a circular to its representatives abroad and the ministers of powers in Sofia calling attention to the attitude of Turkey, which it declares has not only failed to co-operate in carrying out the reform scheme but is concentrating troops and artillery on the frontier, where the Turkish soldiers under the guise of search- covery in various parts of the United States ing for arms are perpetrating all sorts of numbers of earthenware vessels known outrages on the Bulgarians in the hope of provoking an international conflict, which, the note says, could only have disastrous vessels—called salt pans by the archaeoloresults for Turkey and Bulgaria. The note appeals to the powers to exert pressure Constantinople to secure the withdrawal of the excessive Turkish forces now stationed on the frontier.

Missionary Conference. CHATTANOOGA, Tenn., July 1.—There was a large attendance of delegates from Western and Southern States to the Interdenominational Missionary Conference which opened to-night at the Inn on Lookout Mountain. Dr. William H. Lambuth, of Nashville, is the presiding officer. Rev. S. | the Peabody Museum and the University of Earl Taylor delivered the address of the California, and is an important part of the evening, speaking on "Spiritual Preparation instructive spoil taken from what is now a for the Conference." Charles V. Vickery, of farm near the meeting of the little Marafor the Conference. New York, secretary of the Young People's Missionary movement, also spoke.

Greenville, N. C., Suffers by Fire. RALEIGH, N. C., July 2.-A destructive fire broke out at Greenville, N. C., after midnight and it was not under control till 2:30 a. m. It is believed the losses are over \$200,000. The fire started in a small restaurant. The buildings burned include the market house, the Farmers' warehouse.

the Gorman & Wright's tobacco factory,

Alabama Miners Quit Work. BIRMINGHAM, Ala., July 1.-Miners who are members of the United Mine Workers of America to the number of nearly 13,000 in this district, suspended work to-day, the old wage contract having expired last night and a new contract not having been been heated, together with the bones of agreed upon. No formal strike has been | several kinds of animals which formed part declared, the situation being referred to of the Indian bill of fare of about 200 years as a suspension. Three small companies, ago. These remains included elk, beaver,

New Music for America.

NEW YORK, July 1.-The Society of the Cincinnatis, which has had for some time a standing offer of a gold medal for the composer producing acceptable music for "America," which for years has been sung to the same air as the national anthem of Great Britain, has awarded the prize to Prof. Arthur Johnstone, of this city, it is

Warden Hawk Removed.

ATLANTA, Ga., July 1.-S. A. Hawk,

warden of the federal prison in this city,

and well known as a penalogist, was today relieved from duty upon orders from the attorney general. The reasons for Warden Hawk's removal are not known.

Two of his subordinates retired with him.

Mr. Hawk came to Atlanta from Colum-Obituary. LONDON, July 1.-Lord Colville of Culross, lord chamberlain to Queen Alexandra and president of the Honorable Artillery Company, died in London to-night. He was

born in 1818. Mrs. McCue Leaves Her Husband.

partly paralyzed some weeks ago. He was

to return to her father's home in San Fran-cisco. Her husband's repeated denials of a previous marriage in the face of what she believed convincing testimony led her to the

BOLTS FROM THE BRIDGE.

John Eads, Colored, Had About One Thousand Pounds.

Patrolmen Lee and Hart arrested John Eads, colored, of Rhode Island street, early this morning and locked him up at the police station on a charge of grand larceny. Eads was driving down Indiana avenue with a light farm wagon, and the policemen, becoming suspicious, stopped him and found that he had stolen about 1,000 pounds of iron bolts from the Washington-street bridge and was hauling them to his home, intending to sell them for junk in the morn-

EFFECT OF MIND ON HEALTH.

Self-Confidence a Great Element in Keeping Well.

O. S. Marden, in Success. Self-confidence has a great deal to do with one's health.

If, for instance, you have anything of importance to do, and if failure to do it would mean a great loss to you, you would not allow any ordinary feeling of indispo-sition to prevent its accomplishment. The conviction that you must do a thing, the belief that you can and your determination to do it at all hazards have a great deal to do with the suppression of mental or

The influence of expecting yourself to do a good day's work and demanding it of yourself works like magic. It is a powerful Remember that your resisting power, that innate force which was given you for self-protection, is your safeguard not only against mental but also against physical

The moment a fighting general and his army give up they are beaten. The moment you admit to yourself that you are going to be captured by the enemy-you have laid down your arms and virtually surren-

A habit of asserting stoutly and defiant-

ly your determination to do a good day's work every day of your life, unless posi-tively sick, will accomplish more for you than all the sanitariums in the world. How many, who were really life-long invalids, seldom free from bodily suffering, have achieved remarkable success! Charles Darwin, Elizabeth Barrett Browning, Herbert Spencer, Robert Louis Stevenson, Dr. Samuel Johnson, Dr. Kane, the explorer, and many others, more or less eminent, conquered real physical ills in order to pursue their work. If those people had waited for a favorable mood until they felt like it, they would probably never have accome. they would probably never have accomwomen who have pushed civilization up a bad way from too much food and drink, from savagery had dropped their work and improper food and drink at best. every time they "did not feel like it," where would the world be to-day? This matter of feeling well or ill, or

working or not working, is largely a question of mental dominio very estimable lady, who has been subject for years to occasional severe attacks of headache which last for three or four days. While these attacks last she is completely prostrated. She says, however, that, when anything of supreme importance makes it imperative that she should fulfill the duties of her position, she is always able to postpone an attack, sometimes for days at a

headache or other ailment for days at a time in order to attend some special function, is it not reasonable to suppose that it When Douglas Jerrold was told by his physician that he must die, he replied: "What, and leave a family of helpless children? I won't die. His resolution

helped him over the crisis and he lived

many years longer. The way to be well to think of health-thoughts. Determine that you will have nothing to do with abnormalities of any kind. Resolve that you will keep yourself up to a high standard mentally, morally and physically, and that you will always be ready to take hold of the duty which lies nearest with vigor and determination. not feel like going to your office, store, or a century's use. place of business. Oftentimes, especially during summer, the temptation is very strong in the morning, when one feels languid or lazy from the heat, to say to "Well, I don't feel like it to-day. I think I shall take it easy and let things take care of themselves until I am up to the mark." Now that is just the encourage-

whose duty it is to do so, you must assume Don't allow yourself to become a slave to the miserable little absorbers of your health and happiness. Every time a diseased thought, a thought inimical to your health or achievement comes to you, expel it at once. Don't stop to discuss or weigh or consider it. Drive it off if it is not a friend, and replace it by a strong, healthy, beautiful thought. If you persist in this course you will fill your mind with hosts of health-thoughts, beauty-thoughts, and achievement-thoughts which will make you

and, when your faculties and functions are

physically and mentally vigorous, sucessful and happy. ABORIGINAL KITCHEN.

The Purpose for Which Salt Pans Were Intended.

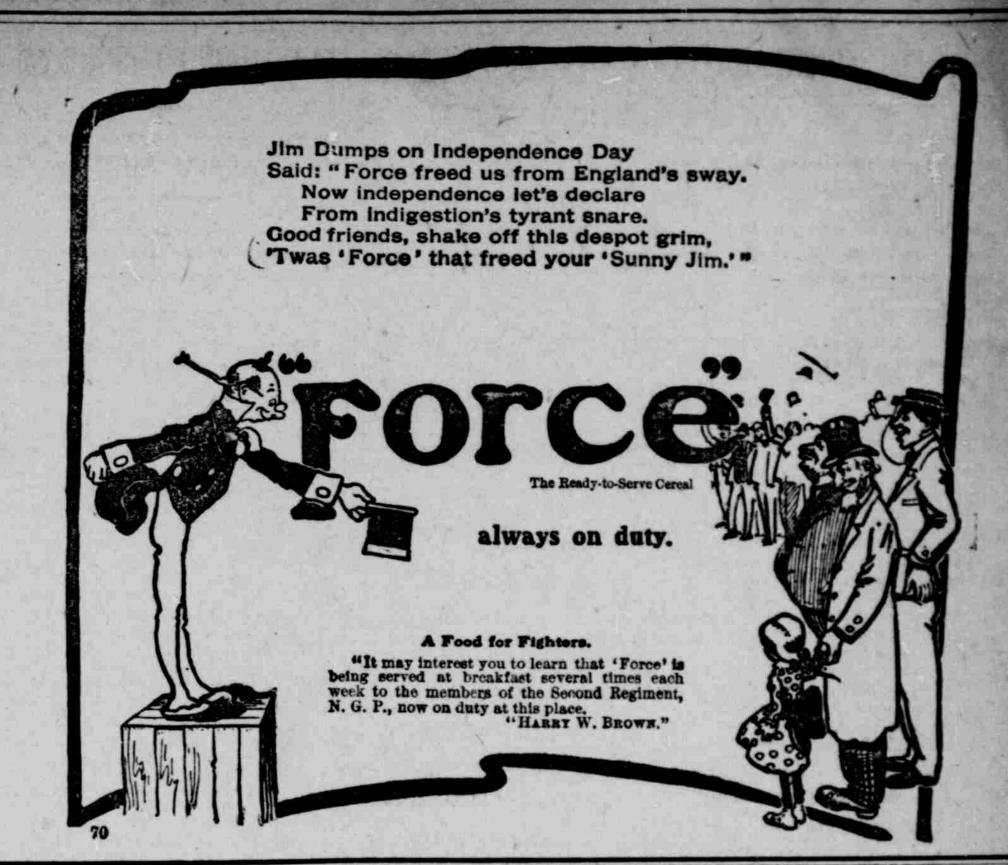
New Haven Register. That the aboriginal Indians of North America did considerable cooking in their time has been made evident by the dis-covery in various parts of the United States first to have been the evaporation of salt from the salt springs near which the Indians established so many of their villages -are the largest known specimens of native North American pottery. The largest one ever found has recently come into the possession of the Peabody Museum at Harvard. It measures some thirty-one inches in diameter by eleven inches deep. In appearance, therefore, it is very much like a big, shallow punch bowl. It was discovered not long ago by an archaeolog-ical expedition under the joint auspices of mac and the big Mississippi rivers in Jef-ferson county Missouri, once the site of a small Indian village.

This big salt pan, in which the Indians not only evaporated salt from the water of salt licks which still exist in the immediate vicinity, but doubtless cooked their elk meat or venison, is only one of a goodly number of similar but smaller utensils found in the same locality. The larger pans were all sunk in the clay bottom upon which the encampment had rested, and were therefore as permanent as any modern stove or oven. The difference was that fire, instead of being built under or against the oven, was brought to it in the shape of heated stones, some of which, still showing evidence of the many heatings to which the Indians had subjected them, still remained in the salt pans recovered by the Harvard and California archaeologists. Near the salt pans, or native cooking apparatus, still remained portions of the ancient fireplaces in which the stones had employing 400 men, signed the scale to-day. | deer, fox and turkey; but there were no traces of the buffalo, although buffalo remains are often found among the relies of western prairies. dining room economy were, naturally, not the only evidence of early Indian life found in the old village so long hidden under the

the Indians who once roamed the more The big sait pan and its smaller companion pieces of aboriginal kitchen and plowed furrows of modern agriculture. The excavation, not yet fully completed, has already revealed a cemetery as well as a village, the cemetery differing from most of the Indian burial places already found and opened in various parts of the United States, in that it was very much smaller than was usually the case. Although cecasional isolated graves have been discovered, the experience of previous archaeological investigations would have led, naturally, to the expectation of finding either a very small group of graves, each containing one skeleton or several skeletons, or a very large one embracing hundreds of burials. In this case only twenty-seven graves were discovered, although this number represented the burial of several times

as many Indians. When to Fast and When Not.

Good Housekeeping The object of the fast is absolutely to clear the system of all undesirable and clogging matter left from improper diet, and to CHICAGO. July 1.-Mrs. W. K. McCue. give the inner man, in vulgar English, a the wife of Lieutenant McCue, left to-night washing out-a cleansing. During this per-



say the experts, one should drink coplously of water-preferably hot, because of its purifying properties. The only other thing taken into the stomach might be a little fruit juice now and then-grape or lemon-possibly orange. The pores of the skin should be kept open by Turkish or vapor baths, and the system made to throw system being, or having been, thoroughly in We are told to use our own judgment as

to the duration of this fast. A week, at least, is urged by the advocates of the plan. It is affirmed that fasting in this manner cannot possibly be injurious unless under certain conditions. Caution is advised to the individual trying a first experiment. He is told to consider his temperament, vitality and general symptoms of health. Caution is emphasized in persons of an anemic tendency. But, granting such caution is ob-served, the doctors say "well and good."

Blaine's Old Editorial Desk.

New York Commercial. Anything in any way connected with the career of one of the Nation's leaders in the present or past is always an object of interest. An example of this is the desk formerly used by James G. Blaine in the office of the Kennebec Journal at Augusta, Me. The oid desk still does service in the office there, editorials for the newspaper, although it has been removed from its place of honor in the editorial sanctum to be replaced by one of more imposing appearance. It is an abject of interest to hundreds of visitors see it. The desk was made expressly for Mr. Blaine by an Augusta carpenter (the late Abner Fogg), when Mr. Blaine came from Pennsylvania, in 1854, to Augusta, his wife's home, to become editor of the Journal. The desk is a simple affair, but it is way of staying at home whenever you do | well made, and still serviceable, after half

Struck for a Special Car.

CONNELLSVILLE, Pa., July 1.-Eighty company refused to ft. the central part of town. The officials re-fused the special car, but offered the men like soldiers who do not care to drill, but | an hour earlier in the evening on account of the long walk. The committee would not consider this offer. The officials say they will have no trouble in filling the places of the striking machinists.

Deaths from Heat. CHICAGO, July 1 .- Four deaths and over day of the heated term in Chicago. The mercury in the weather bureau registered 90 degrees at 5 o'clock this afternoon, but on the street level there were thermometers that showed anywhere from 93 to 96. PITTSBURG, July 1.-One death and eight prostrations from heat are reported to-day, with the thermometer at 88 degrees.

Allerton Buys Stockyards.

LOUISVILLE, Ky., July 1.-Control of the Central Stockyards was purchased to-day by Samuel W. Allerton, of Chicago. The consideration was not made public. The company is capitalized at \$500,000 and recently spent \$200,000 in improvements. Mr. Allerton will greatly enlarge the plant.

Another Indiana Middy. ANNAPOLIS, Md., July 1.—A. M. Olds, of Indiana, has passed his mental and physical examination and been admitted to the Naval Academy.



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The Most Economical Gas Range Made



When used intelligently gas has been proved to be at least one-fourth cheaper than coal.

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\$13.50 additional includes the return via the Shasta Route and Puget Sound over the Northern routes. The rates are first class. The variable routes include Denver. Manitou, Glenwood, Scenic Colorado, Salt Lake, Puget Sound, Livingston (for Yellowstone Park), the Black Hills or

Special through tourist sleepers leave St. Louis at 9:00 p. m., JULY 1st, 6th, 8th and 10th, and leave Chicago at 10:30 p. m. the 1st, 3rd, 8th and 10th for SAN FRANCISCO, going via DENVER, the Rio Grande System, with daylight ride through Scenic Colorado and Salt Lake City. Arrange early to join these desirable parties. In planning a Coast tour observe from a Burlington map what a variety of routes through the West are available in connection with the Burlington's main lines to Denver, Billings and St. Paul.

Describe your proposed trip and let us advise you the least cost, etc. Call or address

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IT IS AN EASY MATTER

to launder a shirt or any other garment well if you know how.

WE KNOW HOW.

THE EXCELSIOR LAUNDRY

[Established 1878.]